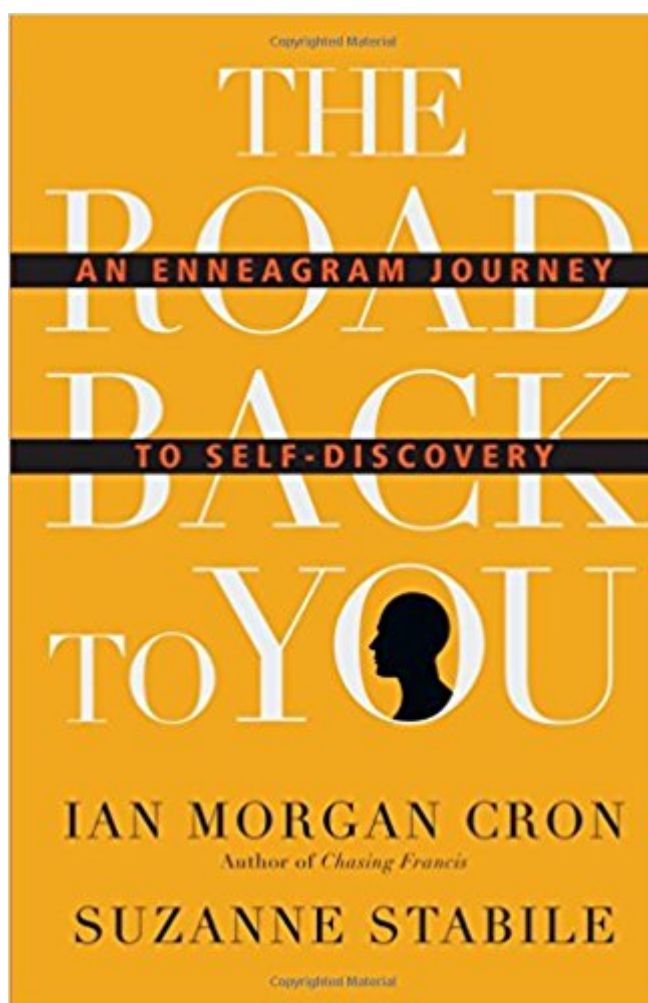




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# The Road Back To You: An Enneagram Journey To Self-Discovery



## Synopsis

Ignorance is bliss—except in self-awareness. What you don't know about yourself can hurt you and your relationships—and even keep you in the shallows with God. Do you want help figuring out who you are and why you're stuck in the same ruts? The Enneagram is an ancient personality typing system with an uncanny accuracy in describing how human beings are wired, both positively and negatively. In *The Road Back to You* Ian Morgan Cron and Suzanne Stabile forge a unique approach—a practical, comprehensive way of accessing Enneagram wisdom and exploring its connections with Christian spirituality for a deeper knowledge of ourselves, compassion for others, and love for God. Witty and filled with stories, this book allows you to peek inside each of the nine Enneagram types, keeping you turning the pages long after you have read the chapter about your own number. Not only will you learn more about yourself, but you will also start to see the world through other people's eyes, understanding how and why people think, feel, and act the way they do. Beginning with changes you can start making today, the wisdom of the Enneagram can help take you further along into who you really are—leading you into places of spiritual discovery you would never have found on your own, and paving the way to the wiser, more compassionate person you want to become.

## Book Information

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Find your unique strengths and weaknesses   Get on the road that will lead you to your truest self.

What is the Enneagram? The Enneagram is an ancient personality type system with an uncanny accuracy in describing how human beings are wired, both positively and negatively. 'The Road Back to You' allows you to peek inside each of the nine Enneagram types. Not only will you learn more about yourself, but you will also start to see the world through other people's eyes, understanding how and why people think, feel, and act the way they do.

**Ian Morgan Cron** Ian is a bestselling author, nationally recognized speaker, Enneagram teacher, psychotherapist, eminent songwriter, and Episcopal priest. With transparency, humor, and insight, he has presented at conferences, churches, seminaries, retreats, and universities around the world. At his core, Ian is a storyteller—he weaves his knowledge into narratives that illustrate, rather than merely instruct, engaging the imagination and speaking to the skeptic and believer that live within all of us. Ian is also a student and teacher of the Enneagram. In daylong workshops, Ian provides an overview of Enneagram system, describes the nine personality types, and speaks to the myriad ways in which the Enneagram can enrich our spiritual lives.

**Suzanne Stabile** As an internationally recognized Enneagram master, Suzanne has conducted over five hundred Enneagram workshops over the past twenty-five years. She has spoken to college audiences that include Baylor and Drury Universities, Hendrix College, Perkins School of Theology (SMU), and Brite Divinity School (TCU), and at hundreds of churches across America including First Baptist in Austin, Texas, First Presbyterian, and Broadway Baptist in Fort Worth. She also teaches regularly in the Baylor Health Care System in Dallas, in both the cancer and transplant hospitals, and at Richard Rohr's Center for Action and Contemplation.

"I'm so thrilled that this book exists. The Enneagram has absolutely changed my understanding of how to love the people in my life, deepened the quality of my marriage, and given me a vision for the person God designed me to be. This book makes the Enneagram easy to understand, with helpful stories, humor, warmth, and clear language. I'll need a case, at least." (Shauna Niequist, author of *Present Over Perfect*) "What would you give to crack the biggest mystery in the world: Yourself? Why do we act, think, feel, and believe the way we do? I know of no better tool than the

Enneagram. And I know of no better teachers of this tool than my friends Ian Cron and Suzanne Stabile. I use the Enneagram in my business and personal life every day. The Road Back to You will open your eyes to the depths of your heart." (Michael Hyatt, coauthor of *Living Forward*) "With The Road Back to You, the small number of books I recommend to absolutely everyone has increased by one. You couldn't ask for a better introduction to the Enneagram than what's found in this book and you couldn't ask for better guides than Cron and Stabile. If a modicum of self-awareness is needed to navigate life these days, let this book be your map." (Nadia Bolz-Weber, author of *Accidental Saints*) "Armed with delightful but incisive wit, Cron and Stabile help us explore our inner life by making the mystery of the Enneagram accessible. If you want to better understand yourself and those in the world around you, this insightful and brilliant book is a perfect place to begin." (Wm. Paul Young, author of *The Shack*) "The Enneagram has been a vital tool in my own personal journey of self-discovery, and The Road Back to You does a great job of making this ancient tool accessible for the modern Christian." (Michael Gungor, singer-songwriter) "A must-read for all and a companion guide for a lifelong journey to live generatively. A book full of wisdom, discernment, and humor, The Road Back to You creates a path toward home ever so gently and joyfully." (Makoto Fujimura, artist, director, Brehm Center, Fuller Theological Seminary, author of *Silence and Beauty*) "Ian Morgan Cron, partnering with Suzanne Stabile, has gifted us with another timely and brilliantly written book. We've long needed a fresh, spiritually grounded approach to helping people grow in self-knowledge and compassion. This is a winsome and thoughtful primer!" (Mark Batterson, lead pastor, National Community Church, New York Times bestselling author of *The Circle Maker*) "As a newbie to the Enneagram, The Road Back to You offered a delightful and accessible way to honestly examine my own motivations and consider the best path toward growth and flourishing. This book is a must-read for those who seek to not only understand themselves better, but those closest to them, as well." (Jena Lee Nardella, cofounder of Blood:Water, author of *One Thousand Wells*) "There is a special place in my heart for books that help me be a better me. In this book, Ian Morgan Cron and Suzanne Stabile have delivered on their promise to provide a roadmap to self. The Road Back to You will help you find you – call over again and for the first time." (Claire Diaz-Ortiz, author and entrepreneur) "The Enneagram has been a powerful tool for spiritual transformation in my life, so much so that I became a certified trainer. I've read many of the books available on the subject. This is a wonderfully thorough examination of the Enneagram and the best news is that it will speak to both newcomers and Enneagram veterans." (Anita Lustrea, Faith Conversations Podcast, author, speaker, media coach) "Cron and Stabile walk through the Enneagram's nine different personality types and their distinct ways of seeing the world, showing how each one has a potentially infinite

number of expressions, strengths, and weaknesses. Cron describes his own Enneagram experience as a feeling of waking up after having been asleep for a long time. He explains that in catching a glimpse of the person he was created to be, he began to see himself with the same delight, pride, and expectation with which God sees him, and to sense the immediacy of God's grace. 'In the spiritual life that's no small thing,' he writes." (Foreword Reviews, Fall 2016)"Cron brings his witty, energetic voice to this collaboration with Stabile, a retreat director and expert on the Enneagram—a system of personality typology with roots in Christian and Islamic mysticism. The beauty of the Enneagram is its charity: the system clearly names the flaws as well as the virtues of each personality type. The Enneagram also counsels humility and acknowledges its own limits ('[The Enneagram] is not infallible or inerrant,' writes Cron and Stabile)—a welcome modesty in religious understanding today." (Publishers Weekly STARRED REVIEW, August 8, 2016)

Ian Morgan Cron is a bestselling author, nationally recognized speaker, Enneagram teacher, counselor, Dove Award-winning songwriter, and Episcopal priest. His books include the novel *Chasing Francis* and spiritual memoir *Jesus, My Father, the CIA, and Me*. Ian draws on an array of disciplines—from psychology to the arts, Christian spirituality and theology—to help people enter more deeply into conversation with God and the mystery of their own lives. He and his wife, Anne, live in Nashville, Tennessee. Author photo by Ben Pearson. Suzanne Stabile, an internationally renowned teacher and director of retreats, offers a unique and creative approach to the practice of Spiritual Formation. A master teacher of the Enneagram, Suzanne draws upon her educational background at Southern Methodist University, as well as her life skills learned as a mother of four, a social worker and a minister's spouse. Her refreshing teaching style is an unforgettable blend of humor, honesty and authenticity. She and her husband, Joseph, are the founders of Life in the Trinity Ministry and the Micah Center in Dallas, Texas.

I have read a lot of books on the Enneagram and this is the best! It's the one that most easily explains the Enneagram and how it can be used as a tool for life. It also goes deep. I wish everybody had to learn the Enneagram...we would be a much healthier society. This is a great book if you are involved in teams or ministry. Would you like more compassion for yourself and others? This is the place to start. I cannot recommend this highly enough. It's an easy read with depth that can be life changing as you work with it. There's work involved...you can't just read this, it has to be a living breathing piece of work in your life.

The Enneagram has been a very helpful tool for my family. As a '1' I can find much to criticize about it since it is not a 'perfect' model of human personality but what model could live up to that standard? This biggest promise of the authors is that after learning the enneagram, one will most likely gain greater empathy for others. I think they are right and that alone makes it worth the read.

This is a clear guide to understanding the enneagram. The authors use anecdotes to illustrate the different personalities. Their focus is on how we can be more compassionate with ourselves and others when we understand that we are all created in His image, but with unique strengths and weaknesses.

What a great book! So practical and helpful in realizing what makes you tick as well as those you love or come in contact with in a regular basis! It offers helps to overcome the weaknesses within your personality type and emphasize your strengths! No other personality typing offers this dimension.

To much background, not enough practicum.

The Christian perspective on the enneagram is well done in this book. I recommend it for anyone looking for a way to better understand yourself in that light.

This is the book you want to buy a case of and start handing it to your friends and family. The Enneagram is the single most helpful personality test/guide I've ever done. As a 7 (Enthusiastic Optimist), it gave me permission to be myself. My exuberance is simply part of how God knit me together, and that's awesome. What a helpful guide for a mother of 4 kids and a husband who is her opposite in every way, but still completely awesome. I have a feeling this will get worn out very quickly and I'll have to buy another copy.

I am blown away by what I have learned not only about myself (1), but also about my husband (6). I am positive that this amazing book and the knowledge that we have acquired through the Enneagram descriptions will positively influence our marriage. I highly recommend this book!

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